



Wayne Clark

PUTTING

The putter accounts for more shots than any other club in the game of golf, yet golfers tend to spend the least amount of time practicing their putting. The fastest way to become a skilled golfer is through good putting. An accomplished golfer should take no more than two putts average per hole. Becoming a good putter is simply a matter of experience with different types of greens & slopes and a result of practicing the following recommended fundamentals:

1. GRIP – Reverse Overlap

- ❖ Left hand on the club first.
- ❖ Left thumb points straight down the center of the grip.
- ❖ Left fore-finger comes off the club.
- ❖ Slide right hand fingers underneath left fore-finger.
- ❖ Right thumb points straight down the center of the grip.

2. ALIGNMENT

- ❖ Aim **feet** parallel to the ball-to-target line.
- ❖ Aim **club** perpendicular to the ball-to-target line.
- ❖ Aim the **golf ball** slightly to the right of left foot.

3. POSTURE

- ❖ Be comfortable and relaxed.
- ❖ Slight bend in the knees.
- ❖ Stand approximately 12 inches from the golf ball.

4. SWING

- ❖ Make a pendulum swing – even pace back and through.
- ❖ Only the arms swing. Do not let the wrists break during this swing.
- ❖ The length of the swing determines the distance of the shot.
- ❖ Think: “Swing the club and the golf ball gets in the way.”

5. FINISH

- ❖ The distance of the follow through = the distance of the backswing.
- ❖ The putter face should still be perpendicular to the ball-to-target line.
- ❖ Legs and wrists should be in the same position as when they started.

PRACTICE:

1. Make 30 putts from 3 feet away.
2. Execute 30 putts from 20-40 feet away.
3. Putt one golf ball for 9 or 18 holes.